

## Combining Health and Wellbeing, Personal and Social Development, Life Skills and Employability Skills

Moving On Transition in Action Award			
Unit	Title	SCQF Level	SCQF Credits
1	Self-Evaluation	2/3/4	1
2	Action Planning	2/3/4	2
3	Rights and Responsibilities	2/3/4	2
4	Making Decisions	2/3/4	1
5	Health and Wellbeing	2/3/4	3
6	Citizenship (includes a Volunteer Experience)	2/3/4	4
7	Planning My Future (includes Work Experience)	2/3/4	7
8	Managing My Money	2/3/4	2
9	Independent Living	2/3/4	1
10	Travelling	2/3/4	1
<b>Total Number of SCQF Credits 24 (240 Hours)</b>			
Essential Skills for Employment Award			
1	Self-Evaluation/Action Planning	3/4	2
2	Life Skills	3/4	3
3	Work Experience	3/4	4
4	Planning My Future	3/4	2
5	Health and Wellbeing	3/4	2
6	Personal Communication Skills for Employment	3/4	2
7	Developing Confidence for Employment	3/4	2
8	Recognising Opportunities for Employment	3/4	3
9	Preparing for Employment	3/4	5
10	ICT Skills for Employment	3/4	2
<b>Total Number of SCQF Credits 27 (270 Hours)</b>			
<b>Total Number of SCQF Credits</b>			<b>51 (510 Hours)</b>